



# Breakfast

## Breakfast Classics

Substitute local, organic, non-GMO tofu breakfast sausage or chorizo tofu for any meat free of charge.  
Substitute Fruit for Hash Browns. 1.99

### Sailor's Mess\*

Three bacon slices, three eggs with hash browns, grilled red bell peppers & onions and topped with homemade bacon gravy. 14.99

### Spud Boat

A huge serving of our hash browns, red bell peppers, onions, melted cheddar cheese, crumbled bacon and green onions. Served with sour cream and salsa. 10.59  
Top with an Egg for 1.75 more

### Two+Two+Two\*

Two large eggs, two strips of bacon and two pieces of our Texas style French toast, dusted with powdered sugar. 10.99  
Substitute two small cakes for 1.50 more

### Trinidad Bay Lite Breakfast

An open faced toasted English muffin topped with two strips of bacon, two scrambled eggs and melted cheddar cheese. Served with tomatoes and lettuce. 8.99

### Breakfast Spinach Salad\*

A bed of fresh spinach with sautéed red bell peppers and bacon topped with two poached eggs and jack cheese. Served with your choice of toast. 11.99

### Breakfast Quesadilla

We fill a tomato basil tortilla with hash browns, red bell peppers, onions, cheddar cheese, tomatoes, green onions, avocado, mild green Ortega chiles, two scrambled eggs and your choice of ham, bacon or homemade spicy sausage. Served with sour cream and homemade salsa. 13.99

### Ham & Eggs\*

Two large eggs, a thick slice of old fashioned hickory smoked ham, hash browns and toast. 13.99

### Country Boy Breakfast\*

Two large eggs, two strips of bacon or our spicy sausage patty, biscuits with bacon gravy or hash browns. 12.99

### Yankee Go Lucky\*

Two large eggs, two strips of bacon or our spicy sausage patty, hash browns and toast. 11.99

### Chicken Fried Steak & Eggs\*

House made chicken fried steak smothered with our homemade bacon gravy. Served with two large eggs, hash browns and toast. 14.99

### One Egg Breakfast\*

One large egg, hash browns and toast. 7.99  
Add extra egg +.8

### Biscuits & Gravy

Two buttermilk biscuits smothered with delicious homemade bacon gravy. 6.99 | Half order 3.49

### Fresh Baked Monster Muffins & Cinnamon Buns

Ask your server for today's selections. 3.99

## Scrambles & Omelettes

Substitute local, organic, non-GMO tofu breakfast sausage or chorizo tofu for any meat free of charge.  
Substitute Fruit for Hash Browns. 1.99

### Señor Scramble

Three eggs scrambled together with mild Ortega green chilis and onions, then topped with cheddar cheese. Served with hash browns, toast and homemade salsa. 12.99

### Whaler's Scramble

Homemade spicy sausage, mushrooms and mozzarella cheese scrambled with three eggs. Served with hash browns and toast. 12.99

### Crab Omelette

Dungeness crab, tomato, avocado, green onions and cheese in a three egg omelette. Served with hash browns and toast. Market Price

### Veggie Scramble

Broccoli, onions, mushrooms, spinach, tomatoes and fresh garlic scrambled with three eggs and mozzarella cheese. Served with hash browns and toast. 11.99

### Build your own 4 Egg Omelette

Pick one meat plus three other items:  
Bacon, Ham, Sausage, or Avocado  
Plus Cheddar, Mozzarella, Tomatoes, Onion, Broccoli, Mushroom, Green Onion, Spinach, Ortega Chili, Red Bell Peppers and Jalapeños. Served with hash browns and toast. 14.99

### ABC Omelette

Three eggs, avocado, bacon and cheddar omelette. Served with hash browns and toast. 13.99

## Egg Benedicts

Substitute local, organic, non-GMO tofu breakfast sausage or chorizo tofu for any meat free of charge.  
Substitute Fruit for Hash Browns. 1.99

### Eggs Benedict\*

A toasted English muffin topped with grilled Canadian bacon, two poached eggs and hollandaise sauce. Served with hash browns. 13.99

### Crab Benedict\*

Open-faced English muffin topped with 4oz Dungeness crab, two poached eggs, tomato, green onions, hash browns and hollandaise sauce. Market Price

### California Benedict\*

A toasted English muffin topped with tomato slices, fresh avocado, two poached eggs, hash browns and hollandaise sauce. 12.99

## From the Griddle

All are made from scratch using organic flour. Full stack is three cakes. Short stack is two cakes.

### French Toast

Texas style bread dipped in our own batter, grilled and dusted with powdered sugar. Full 8.99 | Half 6.99

### Organic 9-Grain Pancakes

Stack of nine different grains blended into an all organic flour. Packed with fiber and nutrition. 8.99 (1) / 12.99 (2)

### Buttermilk Pancakes

Made from scratch, with buttermilk, lemon zest and butter. Full stack (3) 9.99  
Short stack (2) 7.99 / One (1) 4.99

### Parker Street Pancakes

Organic 9-grain batter mixed with bananas and pecan bits. 13.99 (1) / 15.99 (2)

Topped with Fresh Fruit +4 | Topped with Bananas +2

## Our Promise To You

We take great pride in preparing unique quality dishes from scratch. We use the freshest ingredients and serve generous portions for the heartiest of appetites. Our health commitment includes the use of oils that are non-hydrogenated and trans fat free. We source organically and locally when possible, including organic coffee, sea salt and no MSG. Your meal is cooked to order and there are times when it may take a little longer, but the result is well worth it. Unless otherwise noted, no substitutions and no separate checks.

Sit back, relax and enjoy your time with us at the Eatery.

\*These items are cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase the risk of foodborne illness especially if you have a medical condition

Note: Shoes and shirt are required. No smoking allowed. We reserve the right to refuse service from anyone. 18% gratuity added for parties of 8 or more. Management approval is required for personal or business checks.



## Kids Menu

### Breakfast

- Biscuit and Gravy (1)* 2.99
- Pancake with Fruit (1)* 5.99
- Banana Raspberry Smoothie* 5.99
- Egg, Bacon & Toast (1)* 3.99

### Lunch

- Chicken Nuggets & French Fries* 4.99
- Cup of Soup & Slice of Garlic Cheese Toast* 5.99
- Cheeseburger & Fries*  
Your choice of American, Jack, Swiss or Cheddar Cheese on a whole wheat bun. Lettuce, tomato, onion and pickle by request. 5.99
- Fish & Chips* 7.99
- Macaroni & Cheese* 4.99

### Fudge

Try one of our new fudge flavors or take some with you!

## Dreyer's Ice Cream

- Vanilla bean, Chocolate, Strawberry, Cookies 'n Cream, or Mint Chocolate Chip*  
Single Scoop 3.29 | Double Scoop 4.49

## Dessert

- Blackberry Cobbler*  
Eatery delight made from scratch, served with a large scoop of vanilla ice cream. 8.00
- House Made Cheesecake*  
Ask your server for today's selection. 9.00
- House Made Flourless Chocolate Torte*  
Ganache and Berry Coulis. 9.00

## Espresso Bar & Specialty Drinks

- |                   |                               |                                      |
|-------------------|-------------------------------|--------------------------------------|
| <i>Espresso</i>   | <i>Breve</i>                  | <i>Brown Sugar Vanilla Latte</i>     |
| <i>Americano</i>  | <i>Chai</i>                   | <i>White Chocolate Macadamia Nut</i> |
| <i>Latte</i>      | <i>Snicker-doodle Latte</i>   | <i>Nutella Mocha</i>                 |
| <i>Cappuccino</i> | <i>Grasshopper Mocha</i>      | <i>Mexican Mocha</i>                 |
| <i>Red Eye</i>    | <i>Almond Rocha Latte</i>     | <i>White Chocolate Mocha</i>         |
| <i>Mocha</i>      | <i>Coconut Macaroon Latte</i> |                                      |

## Beverages

- Eatery Coffee*  
Our organic handcrafted coffee. 2.99  
To Go Small 2.59 | Medium 2.79 | Large 2.99
- Hot Tea* 2.79 | To Go 2.99
- Ghirardelli Hot Chocolate*  
Small 2.99 | Medium 4.00
- Pelegriano Sparkling Water* 3.49
- Iced Tea* 2.79 | To Go 2.99
- Soda* 2.79 | To Go 2.99
- Premium Fruit Juices*  
Apple, Cranberry, Grapefruit, Orange and Tomato. 2.79  
To Go 2.99

## Wines

Ask your server for our complete wine list.

- Wines by the Glass*  
Chardonnay | White Zinfandel | Cabernet Sauvignon 5.00
- Corkage Fee*  
You may bring your own bottle of wine. 10.00

## Beers

- Budweiser, Bud Light 3.00
- Fat Tire, Guinness, Anchor Steam, Modelo Especial, Alaskan Amber, Negra Modelo, Steelhead Pale Ale 3.59
- Eel River IPA Organic, Hazy IPA 3.99

## Bubbly

California sparkling wine and Prosecco available in splits and full bottles. Please see our wine list.

- Mimosa*  
A delightfully refreshing blend of champagne and orange juice. Glass 7.00 | Mimosa Carafe 25.00  
*Seasonal Specialty Mimosa* Glass 8.00 | Carafe 29.00

**New!**

*Eatery Bloody Mary*  
With Premium Soju. 8.00

**New!**

*Eatery Margarita*  
With Premium Soju. 8.00